

# Save the Date!

## Trauma Informed Practice With Kim Barthel



### 2 Professional Learning Opportunities

#### Professional Learning Opportunity #1

Friday May 22nd, 2020

9:00 AM – 3:30 PM

Louis Riel School Division Legacy Centre 900 St. Mary's Road

Cost \$110.00

Trauma is a universal experience yet generally speaking, it is an uncommon part of people's daily conversation.

#### What will you learn from this one-day workshop\*?

- Gain an appreciation for the deep impact that trauma has upon brain development, relational skills, coping strategies and behaviour
- Identification of the red flags in behaviour that are suggestive of relational trauma, and complexities when coupled with developmental disability
- Develop skills of attunement and “holding space” as a force for regulation, healthy brain rewiring, reflection, self-esteem and learning
- Develop practical scripts and skills related to compassionate communication
- How to support others with trauma in any setting

Understand how, as one person supporting another, your awareness and mindfulness can open the door for improved connection with people who live with these challenges

[Register ▶](#)



# Save the Date!

## Trauma Informed Practice With Kim Barthel



### Professional Learning Opportunity #2

## Evening Professional Learning Event Trauma Informed Practice with Kim Barthel

**Free of charge**

Thursday May 21<sup>st</sup>, 2020

6:30PM -8:00 PM

Faculty of Education, University of Manitoba

RM 290, Education Building

71 Curry Place

Winnipeg, MB R3T 2N2

[Register ▶](#)

