



PROVINCIAL STUDENT SERVICES ADMINISTRATORS' ASSOCIATION OF MANITOBA

On-line Professional Development Sessions for 2020-2021

Dr. Michael Ungar will offer 3 On-Line Sessions

Michael Ungar, Ph.D., is a Family Therapist and Professor of Social Work at Dalhousie University where he holds the Canada Research Chair in Child, Family and Community Resilience. Since 2002, Dr. Ungar has directed the Resilience Research Centre, designing multisite longitudinal research and evaluation projects in collaboration with organizations such as The World Bank, The Red Cross, and national public health agencies. With over \$10M in funded research, Dr. Ungar's clinical work and research spans more than a dozen low, middle, and high-income countries, with much of that work focused on the resilience of marginalized children and families, and adult populations experiencing mental health challenges. Dr. Ungar has published over 180 peer-reviewed articles and book chapters on the subject of resilience and is the author of 15 books for mental health professionals, researchers and parents. These include *Change Your World: The Science of Resilience and the True Path to Success*, a book for adults experiencing stress at work and at home, *Working with Children and Youth With Complex Needs*, a book for professionals, and *I Still Love You: Nine Things Troubled Kids Need From Their Parents*, an inspiring story of family resilience written for caregivers and educators. His blog, Nurturing Resilience, can be read on Psychology Today's website.

Who should attend:

School and Divisional Administrators, Resource Teachers, Counsellors and School Leadership Teams.

November 26, 2020 9AM to 11AM

Dr. Michael Ungar

Resilience During Times of Change and Challenge

Research on resilience is showing that our ability to cope with change is not just about having the right personal qualities (for example, being a rugged individual). It is much more about being a resourced individual with the right supports necessary to cope with crises. In this inspiring, story-filled presentation, Dr. Ungar will use his research from around the world and examples from his new book *Change Your World: The Science of Resilience and the True Path to Success* to explore twelve factors that are critical to our resilience. Be prepared for a fascinating, inspiring exploration of the many possible ways we can adapt both our thoughts and actions in a rapidly changing world that is causing unprecedented amounts of economic and personal stress.

Also on November 26, 2020:

11:15 to 11:30 Presentation of SSAAM Awards

11:30 to 12:00 Manitoba Education Update

January 11, 2021 9 AM to 11AM

Dr. Michael Ungar

Working with Children, Youth and Families with Complex Needs: Skills to Build Resilience

When working with children and adolescents from emotionally turbulent or physically dangerous backgrounds, and their families, we often focus too narrowly on the individual's complex needs and problems—like delinquency, anxiety or conflict with caregivers—and miss the broader sources of healing and resilience in young people's lives. This workshop will present a strengths-focused, resistance-proof model for clinical and community work that makes therapeutic interventions more effective and change more sustainable.

March 1, 2021 9AM to 11AM

Dr. Michael Ungar

**Systemic Approaches to Nurturing Resilience Among,
Children, Youth and Families with Complex Needs**

When working with children, youth and families who experience the multiple challenges of addictions, mental health problems, and social marginalization (e.g. poverty, family violence, racism, and other factors), mental health services can have a greater influence when they focus less on problems and more on the factors that promote resilience. In this workshop, Dr. Michael Ungar will show that resilience is a process that is nurtured by service providers who match their interventions to their client's needs, negotiating to make services both available and accessible in ways that people experience as culturally and contextually relevant. This workshop will present a social ecological approach to service design and delivery that makes mental health and additions services strengths-focused and resistance-proof, drawing on the capacity of a client's friends, family members, teachers and community as potential sources of support.

REGISTRATION FORM

	Active & Associate Members	Non- Members
November 26 th Session	<input type="checkbox"/> \$35.00	<input type="checkbox"/> \$40.00
January 11 th 2021 Session	<input type="checkbox"/> \$35.00	<input type="checkbox"/> \$40.00
March 1 st 2021 Session	<input type="checkbox"/> \$35.00	<input type="checkbox"/> \$40.00
All Three Sessions	<input type="checkbox"/> \$90.00	<input type="checkbox"/> \$100.00
Total		

Note:

- The delivery platform will be **Zoom**. Please ensure that you have provided your email address so you can receive the Zoom link and the password required to access the session(s) that you have chosen.
- The registration deadline is **November 12th** for all sessions. No refunds will be provided after the deadline.
- **Cheques or purchase orders payable to: Provincial SSAAM**

Name: _____

Address: _____

Email Address: _____

Phone #: _____

School Division: _____

Do you require a receipt for your registration? Yes No

Registration forms and purchase orders can be emailed to Elaine at Elaine.Lochhead@srsd.ca or mailed to:

Elaine Lochhead, SSAAM Treasurer

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